

拾得法師七十歲書畫印展

二〇二五年九月廿至卅日
硅谷亞洲藝術中心



七十
壽誕
今



The Year of Mindful Blessings
-- Calligraphy, Painting, and Seal Carving
by Venerable Shide at Seventy

September 20-30, 2025
Silicon Valley Asian Art Center

**9/20-30
2025**

**9/27
2:30pm**

開幕 Opening : 9/20, 2:30pm

開放時間 Hours : Tue-Sun, 11am-4:30pm

地點 Location : 硅谷亞洲藝術中心

Silicon Valley Asian Art Center, 3777 Stevens Creek Blvd., 4/F., Santa Clara, CA

藝術家講座: 《納禪於藝》

Artist Talk: *Zen in Art*



七十善護念：拾得法師書畫印展

*The Year of Mindful Blessings:
Calligraphy, Painting and Seal Carving by Venerable Shide at Seventy*

七十歲，既是人生的重要里程碑，也是修行與藝術交會的厚積之年。孔子在《論語·為政》中言：「七十而從心所欲，不踰矩。」意思是說，人至七十歲，可以順從本心而行，卻不越法度與規矩。因此，七十歲又被稱為「從心之年」。硅谷亞洲藝術中心此次特為拾得法師舉辦《七十善護念：拾得法師書畫印展》，正是見證她在「從心之年」裡，佛法與藝術融會無礙，自然流露的境界。

拾得法師，法名釋如檢，號拾得，俗名朱秀櫻，一九五六年出生，今年虛歲七十。少年時家境清貧，卻蒙父母慈愛庇佑，得以上台北國立藝專（今國立臺灣藝術大學）求學。母親為成就女兒學業與藝術，不捨花費醫藥，最終早逝。生命中這份悲愴與大愛，使她自青年起便深解「緣起、苦、空、無常」，生活亦隨之趨向「半僧」。

她青年時才華出眾，以書法篆刻第一名畢業，師承王北岳、梁乃予、入廷上人，並私淑弘一大師。一九九一年因緣成熟，禮真本和尚尼披剃出家，一九九三年受具足戒於新竹玄奘大學，自此專心修持。初出家十年，她依循弘一大師「戒定慧」之訓誨，不曾旁騖藝事。直到「九二一」大地震之後，因觸動人間苦難，才重拾筆墨，以書畫寄懷。自此，道業與藝業並進，如車之雙輪、鳥之雙翼，任運自在。

拾得法師嘗言：「若以佛法潤澤筆墨，則書法中自見佛法，是為『法書』度人。」她書寫經句，不為自娛，而為莊嚴道場，警策自身，亦惠及觀者。其筆墨之中，慈悲與空性並存，寧靜與深邃交融。黃山谷所謂「字中有筆，如禪家句中有眼」，蘇東坡所謂「執筆無定法，要使虛而寬」，皆在她的作品中得到生命化的呈現。

藝術，於她而言，並非紙墨刀石的痕跡，而是直指心性的真、善、美。她自述創作之時，完全沉浸於安定的心境，身心與筆墨一體。這種體驗，與禪修觀心無二無別。因此，她的作品並非單純的藝術品，而是修行的見證——「是書法，也是佛法」。

今日觀其書畫，既見東方傳統藝術的優雅與深厚，更見禪修智慧的清澄與空寂。她能在方寸之間篆刻《心經》，在尺幅之中書寫偈語，將無常與清淨、慈悲與智慧，化作筆墨線條的流動。那是一種「從心所欲而不踰矩」的自在狀態——心隨境轉，筆由心行，卻始終安住於佛法之中，不偏不倚，不即不離。

《七十善護念書畫印展》，不僅是對拾得法師藝術成就的呈現，更是對她七十年生命修持的禮讚。七十而從心，七十而不踰矩，她的書畫篆刻，正體現了這一人生至境：自由而不張揚，莊重而不拘泥，法與藝交融，心與墨共生。

願觀者於筆墨光影之間，體會她數十年修行與藝術沉澱所流露的自在與法喜。



Seventy is an important milestone in life, and a time when long cultivation of spiritual practice and art come to fruition. Confucius said, "At seventy, I can follow my heart's desire without overstepping the bounds of propriety." Thus, seventy is also called the "year of following your heart."

The Venerable Shide was born in 1956. Raised in a humble household, she was nurtured with love and support from her parents, which enabled her to study at the National Academy of Arts in Taipei. Her mother sacrificed her own medical care in order to support her daughter's education and artistic path, passed away prematurely. This profound sorrow gave the young Shide a deep understanding of "dependent arising, suffering, emptiness, and impermanence." From then on, her life leaned towards that of a "half-monk."

She graduated top of her class in calligraphy and seal carving. In 1991, she received tonsure under Ven. Zhenben, and in 1993, full ordination at Hsuan Chuang University in Hsinchu. For 6 years, she gave up art and devoted herself wholeheartedly to the Dharma. When the catastrophic "921 Earthquake" happened in 1999, she once again picked up the brush and ink to channel her reflections through art. Since then, her spiritual cultivation and artistry have advanced together, like two wheels of a cart, or two wings of a bird, natural and uncontrived.

Ven. Shide says, "When calligraphy is infused with the Dharma, then the Dharma itself appears in the calligraphy." For her, art is the revelation of truth, goodness and beauty pointing directly to the mind itself. She describes her process as one of complete immersion in a calm, steady state where body, mind, and brush become one, an experience no difference from meditative contemplation. Thus, her works are not mere artistic objects but witnesses of practice, where Dharma and art merge, and joy radiates.



拾得法師畫作

Painting by Ven. Shide

梅林安居

Peaceful Abode in a Forest of Plum Blossoms

軸

Hanging Scroll

118 x 69 cm

\$16,000



拾得法師畫作

Painting by Ven. Shide

松間禪修

Meditating Among Pines

軸

Hanging Scroll

67 x 89 cm

\$12,000



拾得法師篆刻拓片

Seal Rubbings by Ven. Shide

心經

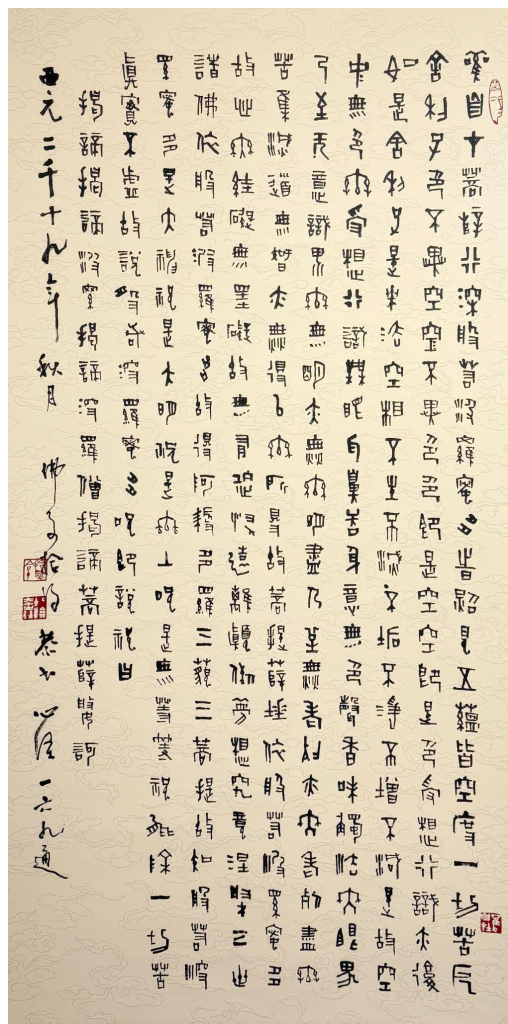
Heart Sutra

Mounted

托底

153 x 54 cm

\$6,800



拾得法師書法

Calligraphy by Ven. Shide

心經篆字第169通

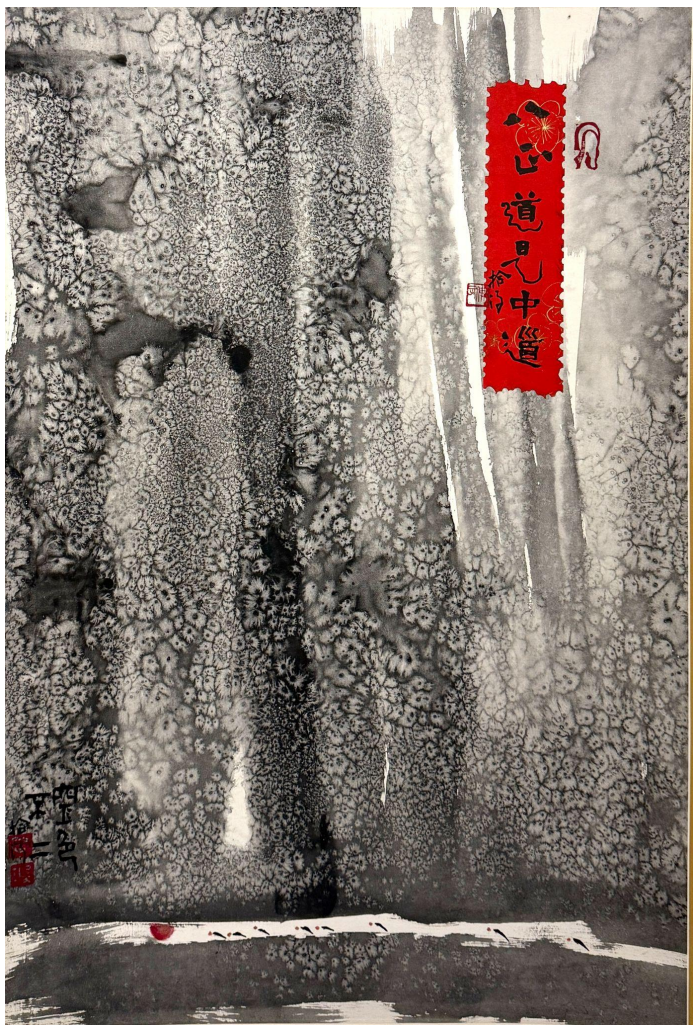
The Heart Sutra in Seal Script #169

軸

Hanging Scroll

126 x 89 cm

\$6,000



拾得法師畫作

Painting by Ven. Shide

八正道是中道

The Noble Eightfold Path is the Middle Way

軸

Hanging Scroll

47 x 100 cm

\$10,000



拾得法師書畫印(四幅)

Painting, Calligraphy, and Seal Carving by Ven. Shide (Set of 4)

塵塵混入剎剎圓融(梅)

All dusts and all moments harmoniously integrated (Plum Blossom)

心常寂靜知是少事(蘭)

The tranquil mind understands that few things truly matter (Orchid)

一微塵映世界(竹)

A single particle reflects the whole world (Bamboo)

以深淨心人菩提舍(菊)

Approaching the bodhi abode with profound purity of mind (Chrysanthemum)

鏡框

Framed

35 x 35 cm x 4

\$10,000



拾得法師書畫印

Painting, Calligraphy, and Seal Carving by Ven. Shide

般若如瀑

Wisdom Cascading Like a Waterfall

軸

Hanging Scroll

35 x 73 cm

\$3,600





拾得法師書畫印

Painting, Calligraphy, and Seal Carving by Ven. Shide

耐歲寒

Resilience Through the Hardship of Winter

軸

Hanging Scroll

36 x 78 cm

\$3,800



拾得法師畫作

Painting by Ven. Shide

送香

Offering Fragrance

軸

Hanging Scroll

49 x 45 cm

\$3,600



拾得法師書畫印

Painting, Calligraphy, and Seal Carving by Ven. Shide

七覺支

The Seven Factors of Enlightenment

軸

Hanging Scroll

38 x 107 cm

\$8,000



拾得法師書畫印

Painting, Calligraphy, and Seal Carving by Ven. Shide

六度波羅密（六幅一套）

The Six Perfections (A Set of Six)

佈施、持戒、忍辱、精進、禪定、般若

Generosity, Morality, Patience, Diligence, Meditation, and Wisdom

鏡框

Framed

25 x 55 cm

\$15,000

拾得法師篆刻

Seals by Ven. Shide



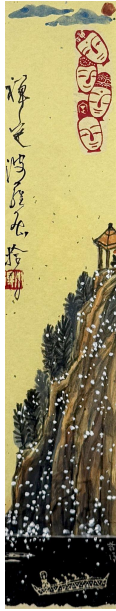
華雨風動悟法印

Awakening to the Dharma,
Which nourishes us like the wind and rain

\$18,000

拾得法師書畫印

Seals by Ven. Shide



六度(六枚套印及畫)
佈施、持戒、忍辱、精進、禪定、智慧

The Six Perfections (A Set of Six Seals and Paintings)
Generosity, Morality, Patience, Diligence, Meditation, and Wisdom

\$20,000

拾得法師書畫印

Seals by Ven. Shide



拾得法師書畫印

Painting, Calligraphy, and Seal Carving by Ven. Shide

五根五力

The Five Spiritual Faculties and the Five Powers

念根力、慧根力、信根力、定根力、進根力
Faith, Effort, Mindfulness, Concentration, and Wisdom

鏡框

Framed

35 x 135 cm

\$11,000

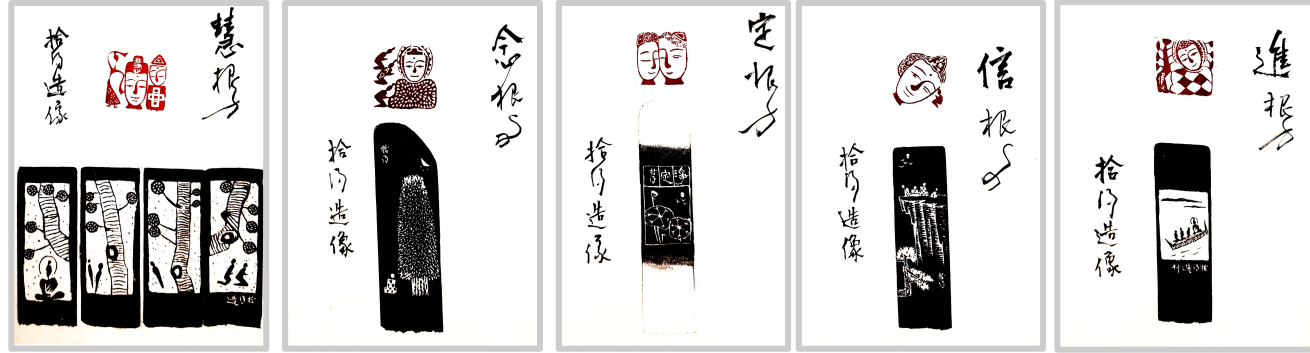
拾得法師篆刻

Seals by Ven. Shide



五根五力(五枚套印)
佈施、持戒、忍辱、精進、禪定、智慧

\$15,000



The Five Spiritual Faculties and Five Spiritual Powers
Faith, Effort, Mindfulness, Concentration, and Wisdom

拾得法師篆刻

Seals by Ven. Shide

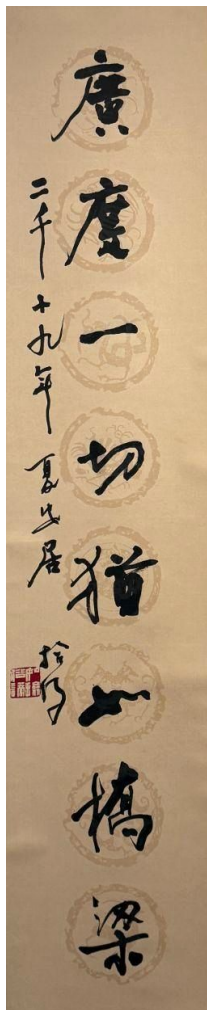


八正道(八枚套印)

\$20,000



The Noble Eightfold Path (Set of Eight Seals)



拾得法師書法

皆得妙法究竟清淨
廣度一切猶如橋樑

軸

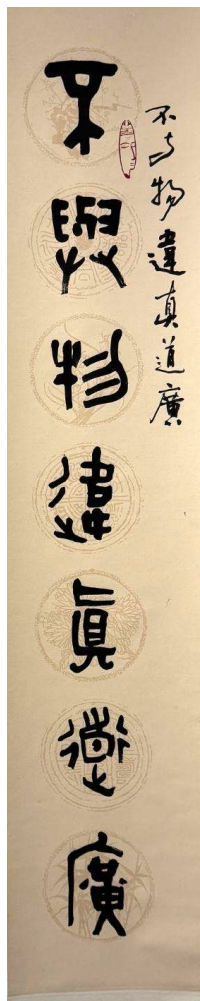
22 x 101 cm x 2

\$3,000

Calligraphy by Ven. Shide

When the wondrous Dharma is attained,
one realizes all is ultimately pure;
All would be delivered as though crossing a
bridge.

Hanging Scrolls



拾得法師書法

Calligraphy by Ven. Shide

不與物違真道廣
每隨緣起自禪深

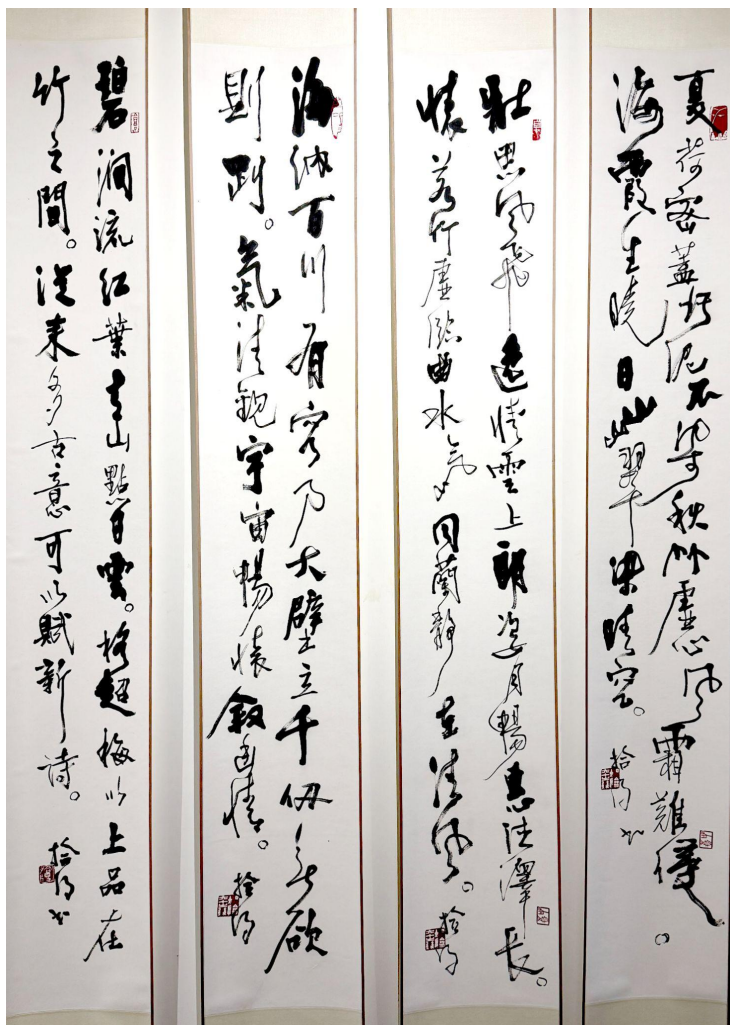
In harmony with all, the true way is vast;
Following with conditions, meditation
deepens itself.

軸

Hanging Scrolls

22 x 101 cm x 2

\$3,000



拾得法師書法

Calligraphy by Ven. Shide

小行書四條屏

Small running script in 4 panels

夏荷

Summer lotus

壯思

Heroic aspirations

海納

All-embracing

碧澗

Verdant gorge

軸

Hanging Scrolls

136 x 20.5 cm

\$2,000

136 x 22.5 cm

\$2,000

136 x 22.5 cm

\$2,000

136 x 21 cm

\$2,000



拾得法師印拓

Seal Rubbings by Ven. Shide

六波羅蜜

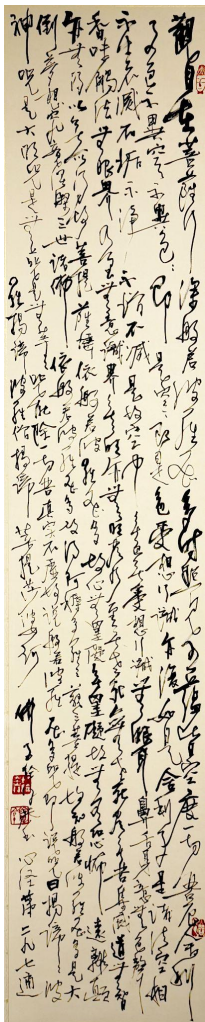
Perfect Wisdom

軸

Hanging Scroll

35 x 134 cm

\$3,000



拾得法師書法

Calligraphy by Ven. Shide

心經行書第297通

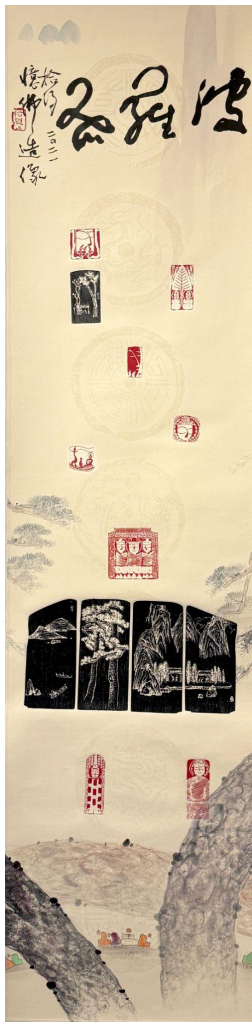
The Heart Sutra in Running Script #297

軸

Hanging Scroll

43 x 179 cm

\$4,800



拾得法師書畫印

Painting, Calligraphy, and Seal Carving by Ven. Shide

波羅蜜

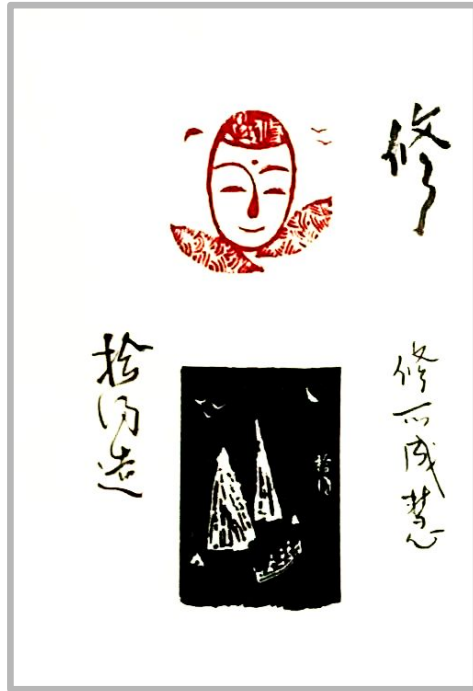
Paramita (Deep Wisdom)

軸

Hanging Scroll

34 x 135 cm

\$3,000



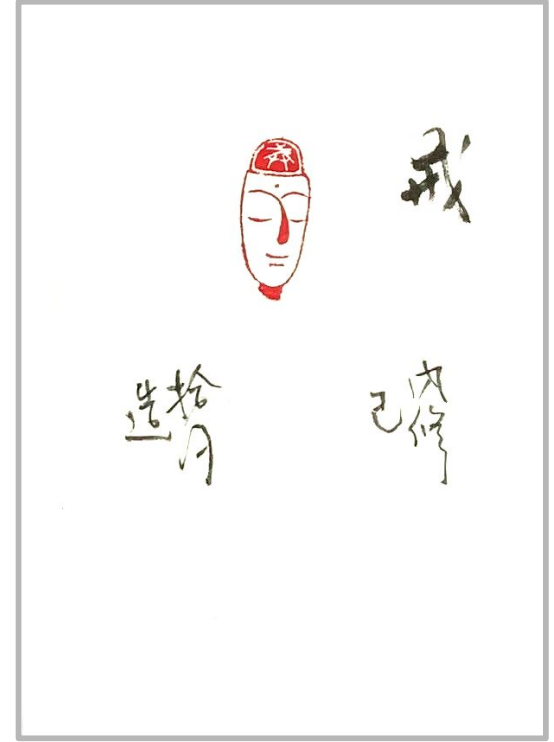
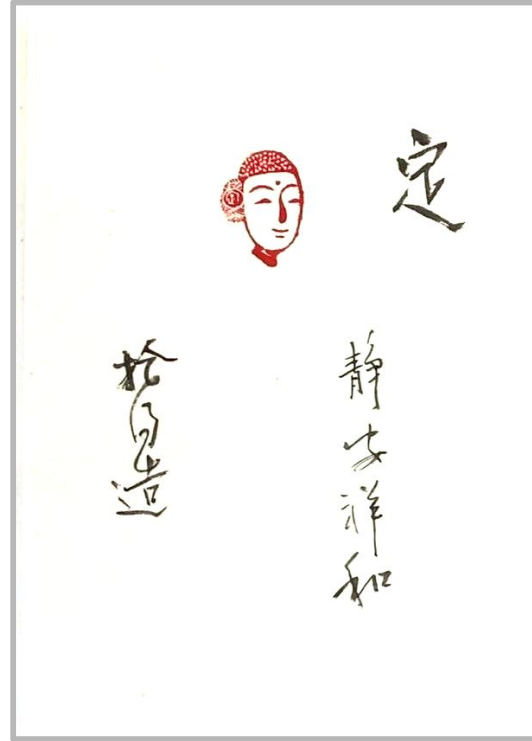
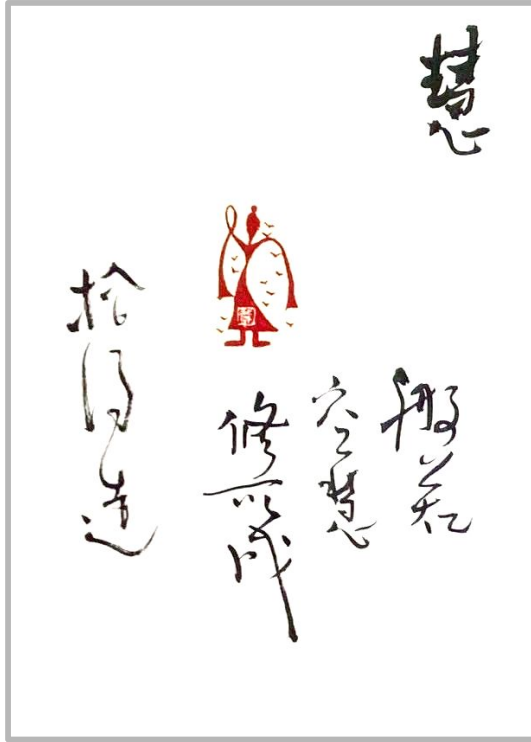
聞、思、修(三枚套印)

\$10,000



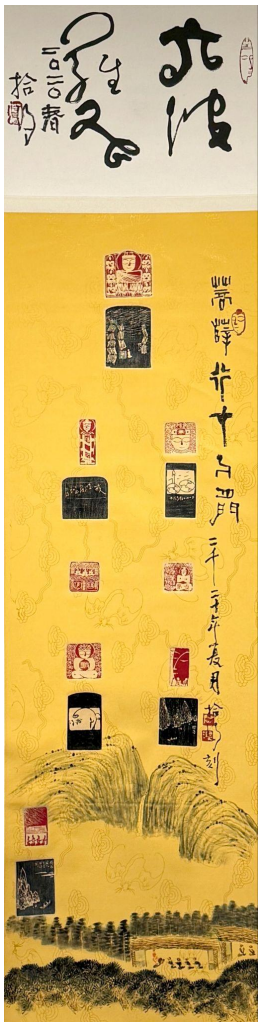
Hear, Contemplate, Practice (Set of 3 Seals)





戒、定、慧(三枚套印)

Precepts, Concentration, Wisdom (Set of 3 Seals)



拾得法師書畫印

Painting, Calligraphy, and Seal Carving by Ven. Shide

六波羅蜜
菩薩行在人間

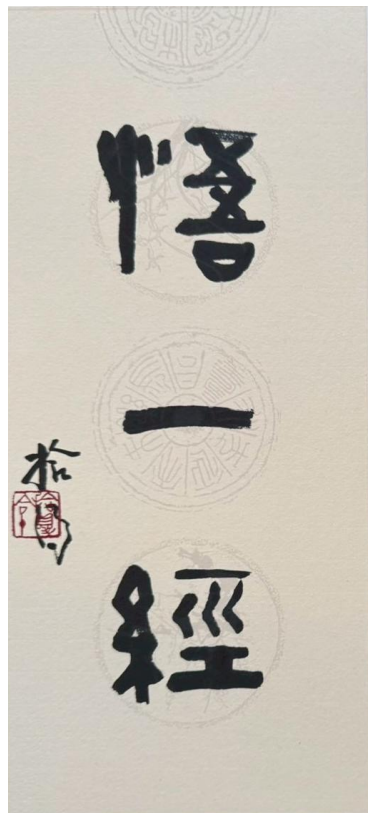
Perfect Wisdom
The Way of the Bodhisattva on Earth

軸

Hanging Scroll

33 x 128 cm

\$3,000



拾得法師書法

是三學

悟一經

鏡框

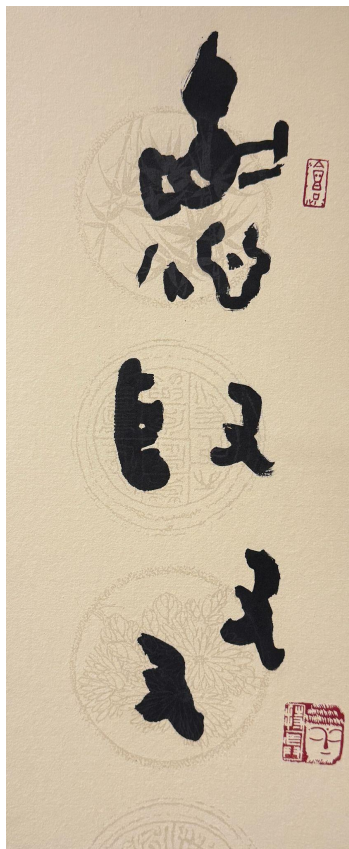
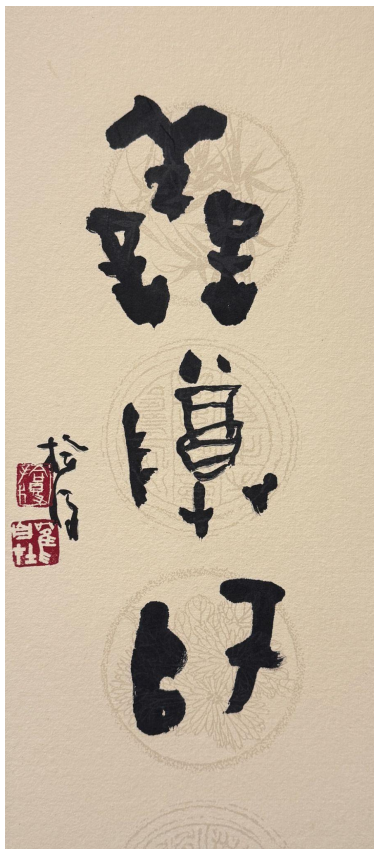
23 x 50 cm x 2

\$1,600

Calligraphy by Ven. Shide

From the Threefold Training
(Precepts, Concentration, Insight);
One Learns a Whole Sutra.

Framed



拾得法師書法

Calligraphy by Ven. Shide

德取友
善導師

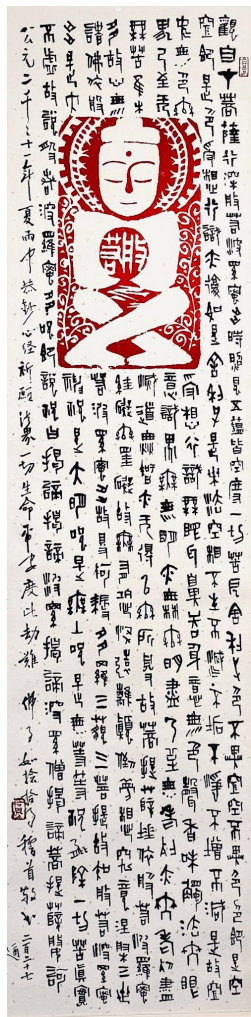
Make Virtuous Friends,
Respect Thy Teachers.

鏡框

Framed

23 x 50 cm x 2

\$1,600



拾得法師書法

Calligraphy by Ven. Shide

心經篆字第227通

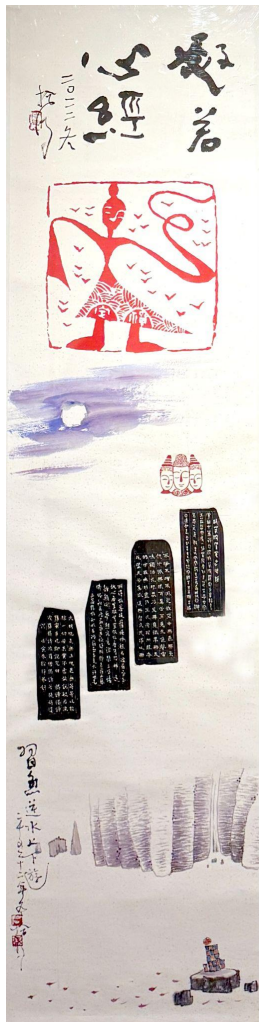
The Heart Sutra in Seal Script #227

鏡框

Framed

35 x 135 cm

\$3,500



拾得法師書畫印

Painting, Calligraphy, and Seal Carving by Ven. Shide

般若心經

Prajna Heart Sutra

軸

Hanging Scroll

35 x 135 cm

\$2,200



拾得法師畫作

Painting by Ven. Shide

三法印至彼岸

The Three Truths that Bring Us to
The Other Shore

鏡框

Framed

60 x 95 cm

\$12,000



拾得法師畫作

Painting by Ven. Shide

法聞十方

Dharma Everywhere

軸

Hanging Scroll

42 x 70 cm

\$4,200



拾得法師畫作

Painting by Ven. Shide

月光遍照

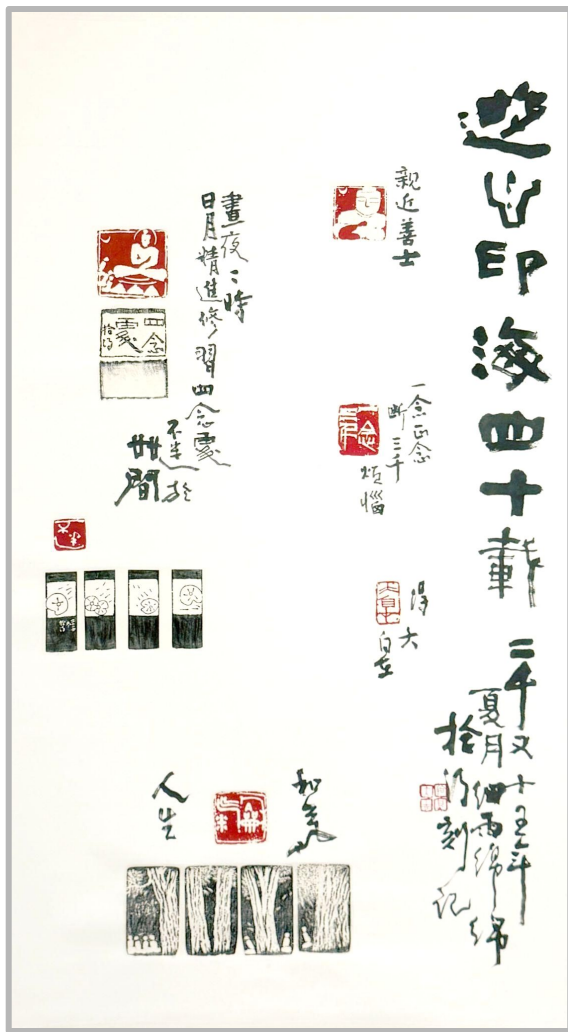
Permeating Moonlight

軸

Hanging Scroll

70 x 39 cm

\$5,000



拾得法師印拓

Seal Rubbings by Ven. Shide

遊心印海四十載

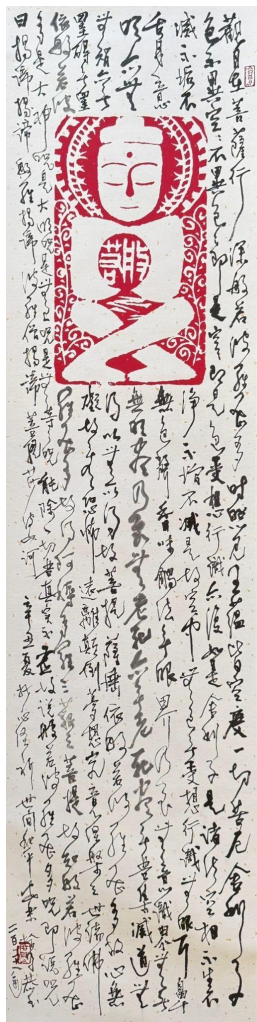
Forty Years of Dedication to Seal Carving

軸

Hanging Scroll

48 x 86 cm

\$1,800



拾得法師書法

Calligraphy by Ven. Shide

心經行書第228通

The Heart Sutra in Running Script #228

軸

Hanging Scroll

35 x135 cm

\$3,500



拾得法師書畫印

Painting, Calligraphy, and Seal Carving by Ven. Shide

五根五力

The Five Spiritual Faculties and the Five Powers

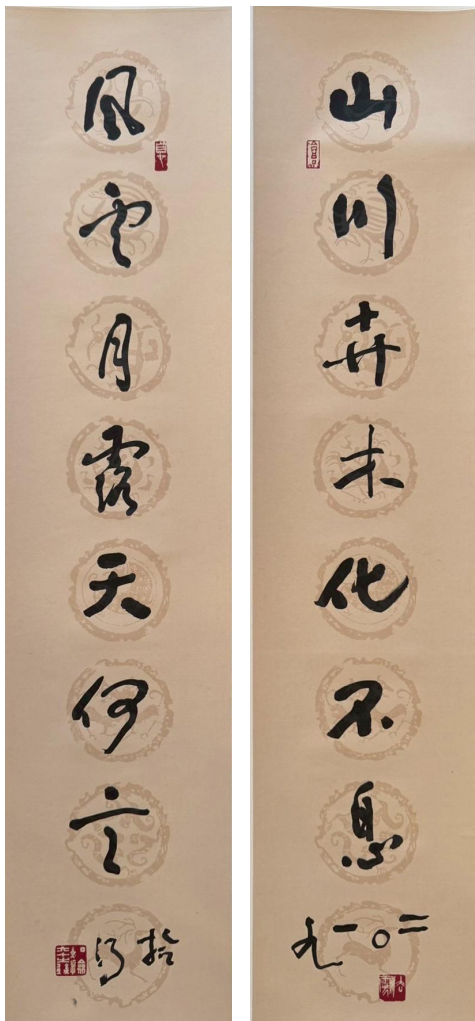
信、精進、念、定、慧 Faith, Effort, Mindfulness, Concentration, and Wisdom

軸

Hanging Scroll

35 x 135 cm

\$3,000



拾得法師書法

山川卉木化不息
風雲月露天何言

軸

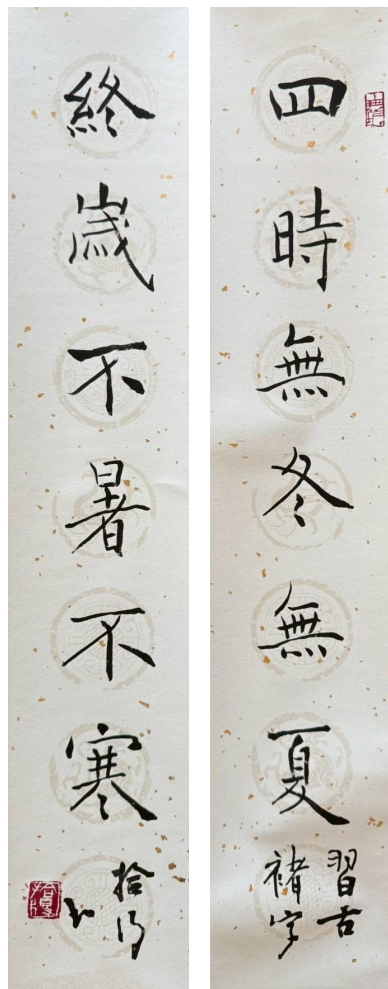
20 x 100 cm x 2

\$1,800

Calligraphy by Ven. Shide

Mountains and rivers, flowers and woods,
they live on and on;
Wind and clouds, moon and due,
The heavens need not give them directions.

Hanging Scrolls



拾得法師書法

四時無冬無夏
終歲不暑不寒

軸

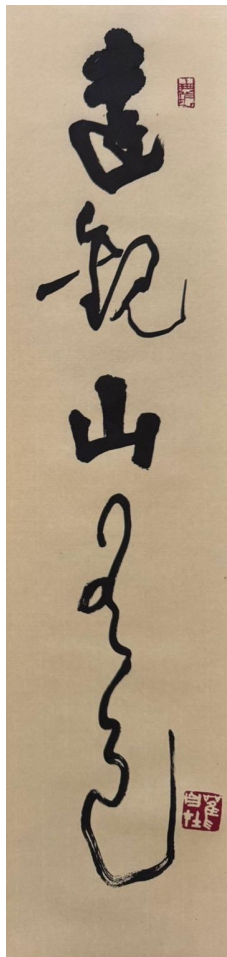
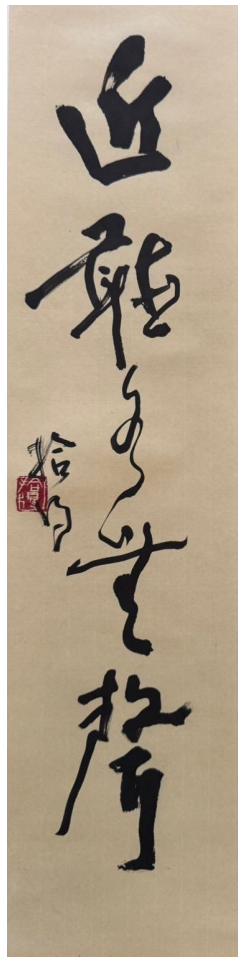
13 x 68 cm x 2

\$1,800

Calligraphy by Ven. Shide

The four seasons cycle ceaselessly
A year comes and a year goes.

Hanging Scrolls



拾得法師書法

Calligraphy by Ven. Shide

遠觀山有色
靜聽水無聲

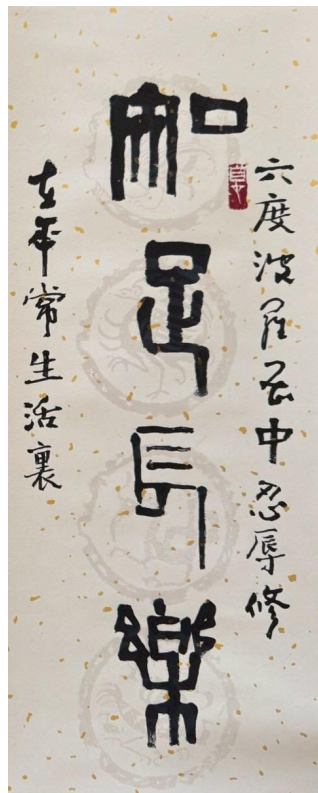
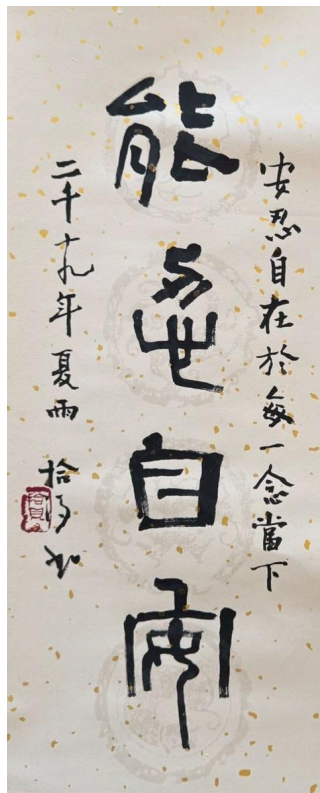
Viewed from afar, the mountains are colorful;
Listened from up close, the water is silent.

軸

Hanging scrolls

18 x 70 cm x 2

\$1,800



拾得法師書法

Calligraphy by Ven. Shide

知足長樂
能忍自安

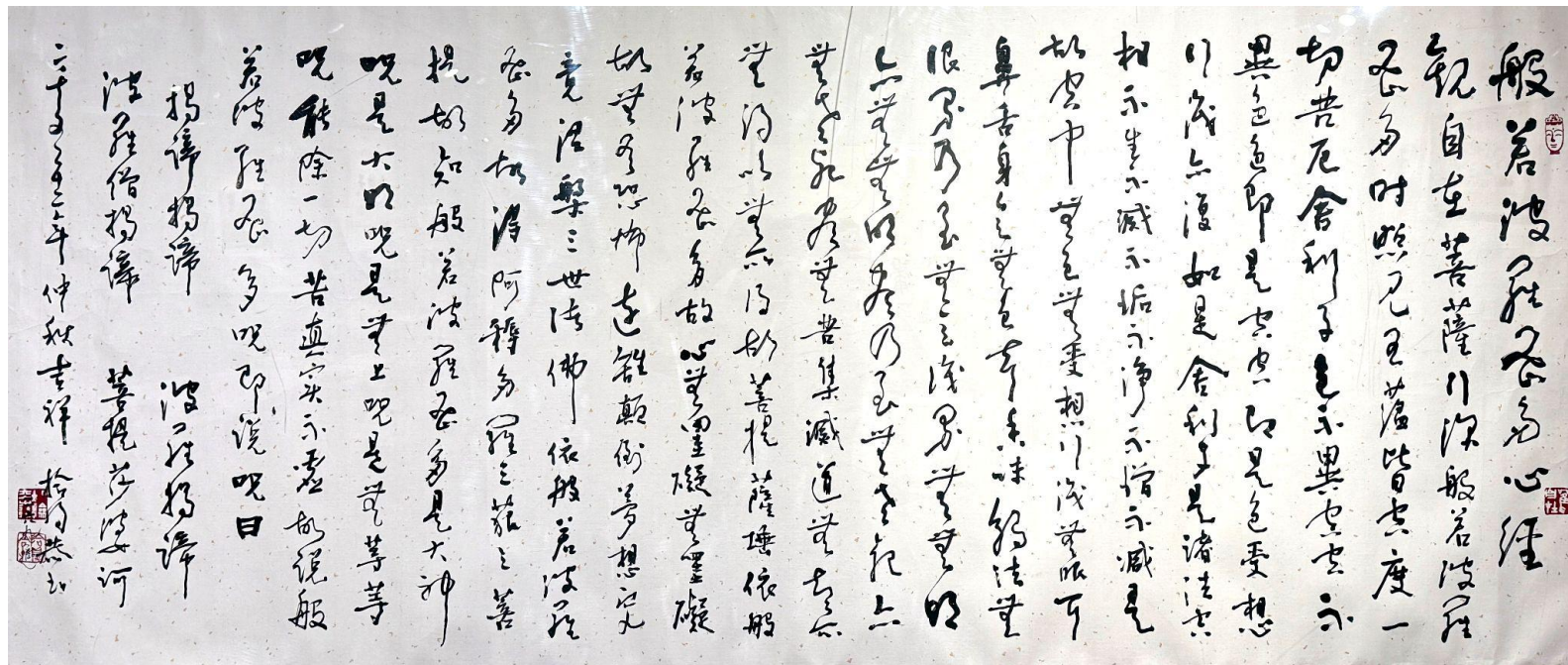
Contentment brings happiness;
Tolerance brings peace.

軸

Hanging scrolls

23 x 51 cm x 2

\$1,800



The Heart Sutra

托底

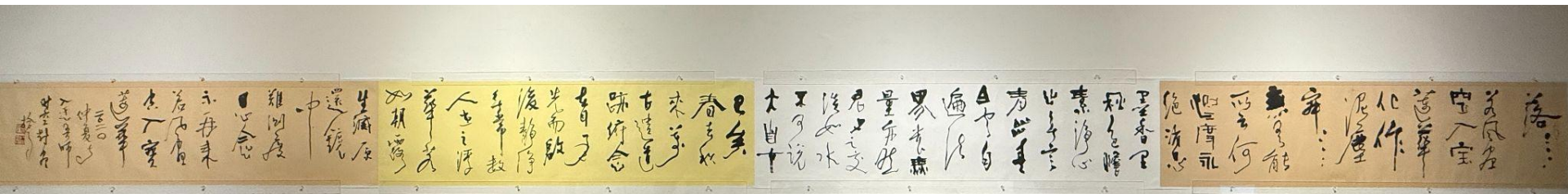
Mounted

70 x 135 cm

\$4,800

拾得法師書法

Calligraphy by Ven. Shide



書法手卷

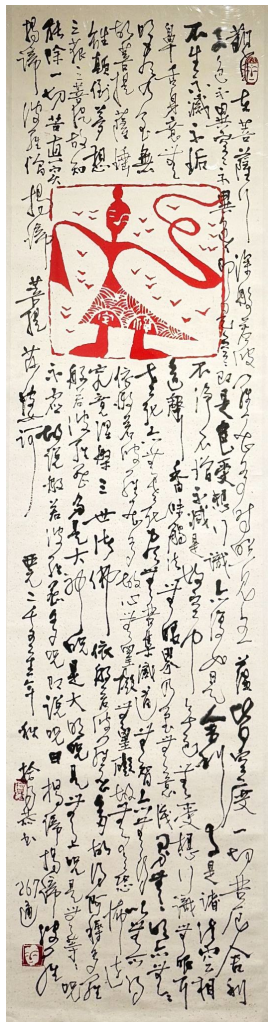
Calligraphy Hand Scroll

托底

Mounted

523 x 35 cm

\$6,800



拾得法師書法

Calligraphy by Ven. Shide

心經行書第267通

The Heart Sutra in Running Script #267

托底

Mounted

35 x135 cm

\$3,500



拾得法師書畫印

Painting, Calligraphy, and Seal Carving by Ven. Shide

不畏寒暑日夜精進

No fear, only dedication

鏡片

Flat Mounted

38 x 114 cm

\$6,000



拾得法師書畫印

君子以中庸為遠

軸

48 x 74 cm

\$3,500

Painting, Calligraphy, and Seal Carving by Ven. Shide

The Noble Person Regards the Doctrine of Mean As
Something to Hold On To

Hanging Scroll

拾得法師書法

Calligraphy by Ven. Shide



禪茶

Zen in Tea

拓底

Mounted

70 x135 cm

\$2,500

拾得法師篆刻

Seals by Ven. Shide



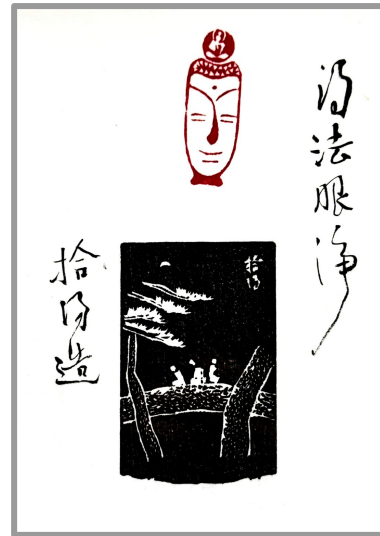
境淨靜
A State of Purity and
Tranquility

\$2,000



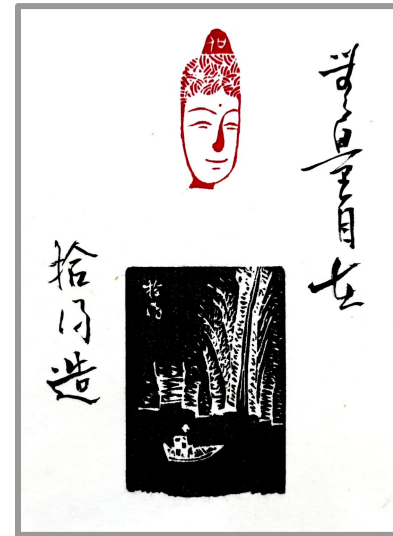
悅意輕安
Joyful and At Ease

\$2,000



得法眼淨
Attaining Pure Insight
Into the Dharma

\$2,000

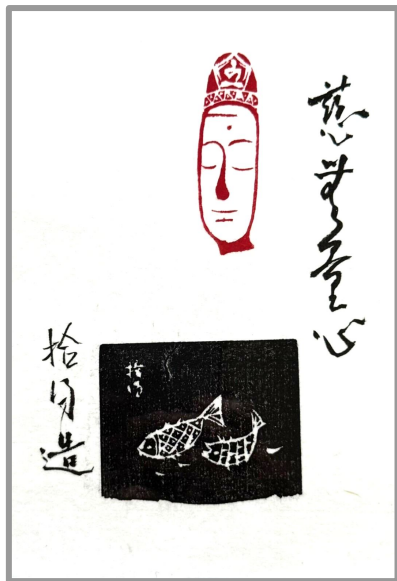


無量自在
Boundless Ease

\$2,000

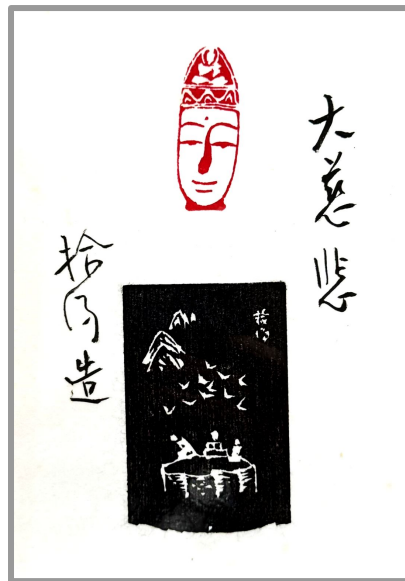
拾得法師篆刻

Seals by Ven. Shide



慈無量心
Boundless Loving
Kindness

\$2,000



大慈悲
Great Compassion

\$2,500



慈與人同
Sharing Compassion
With All

\$2,000



天人供佛
Offerings to the Buddha by
Devas and Humans

\$2,000

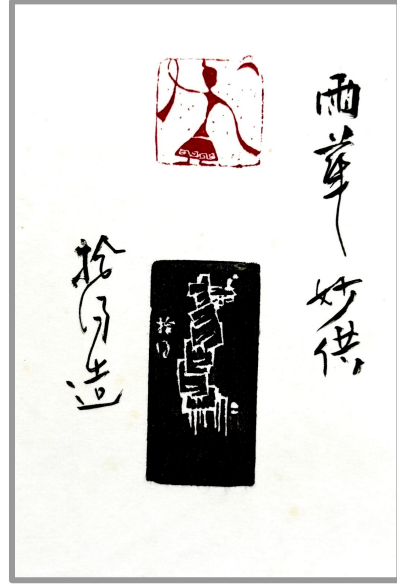
拾得法師篆刻

Seals by Ven. Shide



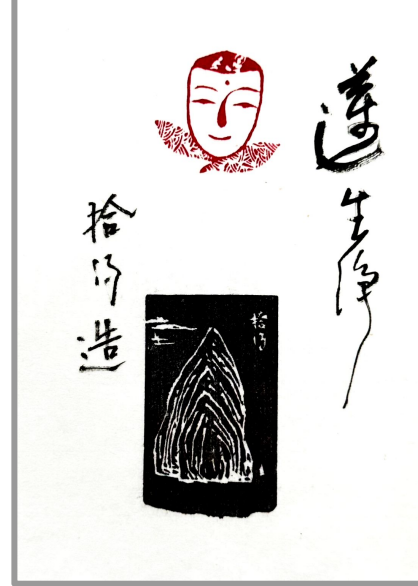
禮佛法身
Respect for the
Dharmakaya

\$2,500



雨華妙供
Wonderful Offering of
Floral Rain

\$2,500



蓮生淨
Pure As the Lotus

\$2,500



直至本心
Straight to the Heart

\$2,500

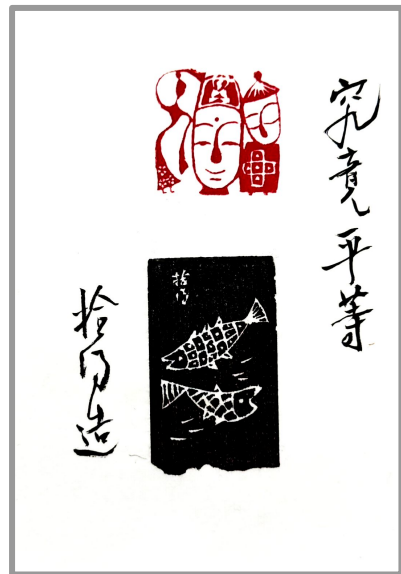
拾得法師篆刻

Seals by Ven. Shide



恭敬不輕
Humbly and Attentively

\$2,000



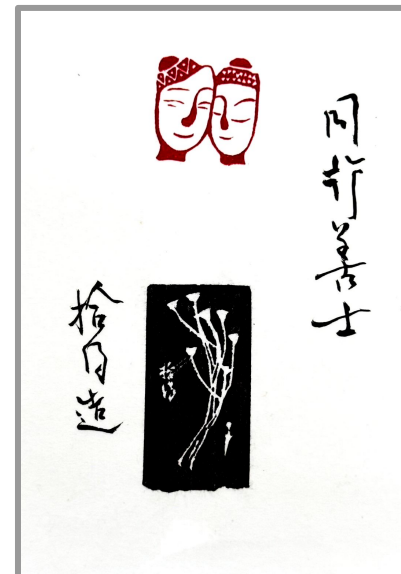
究竟平等
Ultimate Equanimity

\$2,800



深心入觀
Enter Deep Contemplation
With a Focused Mind

\$2,000



同行善士
Fellow Virtuous
Practitioners

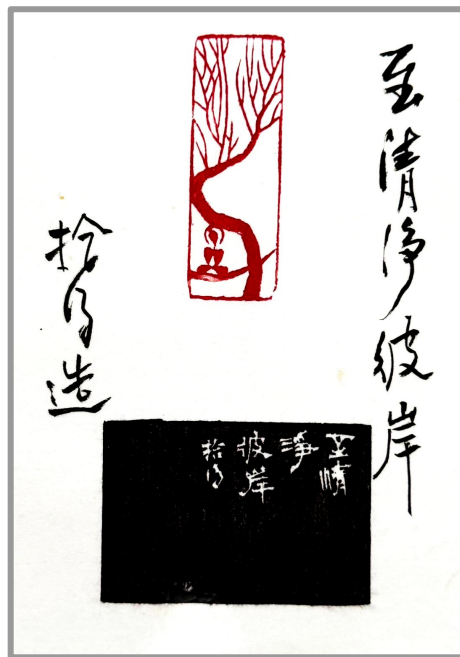
\$2,000



慈雨遍灑

Kindness Showers Upon All

\$2,500



至清淨彼岸

To the Pure Other Shore

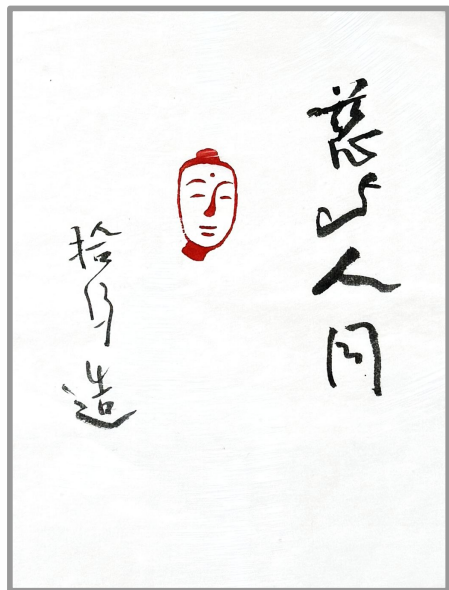
\$2,500



圓滿菩提

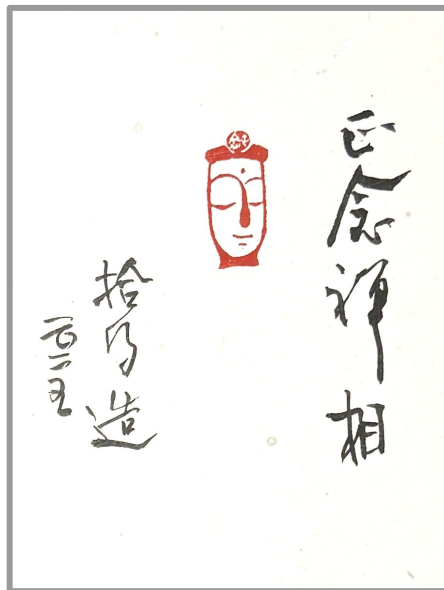
Perfect Enlightenment

\$2,500



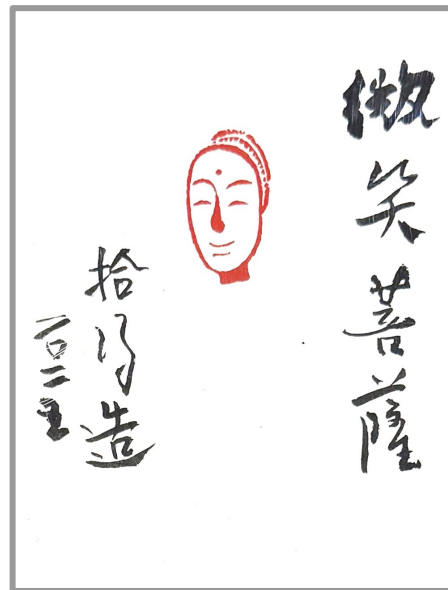
慈與人同
Benevolence Towards All

\$2,000



正念禪相
Mindfulness

\$2,500



微笑菩薩
Smiling Bodhisattva

\$2,500



入迁上人冊頁

Album Leaves by Master Ruyu

\$28,000

